

UPPER GI ENDOSCOPY (EGD) PREP INSTRUCTIONS

Pre-test appointment in our office is on _____ @ _____ with Dr. _____. We have allowed for check in time.

Please bring insurance information and a list of medication and doses you use, prescription and over-the-counter.

EGD procedure appointment date: _____ Arrival Time: _____

Your test will be done by Dr. _____ at Central Peninsula Hospital River Tower.

- Call 714-4427 or 714-4428 to pre-register at least 3 days before your test.

CALL YOUR INSURANCE CO. to ask if the procedure is a covered benefit under your plan. Our office will prior authorize the procedure and then bill your insurance as a courtesy for this procedure.

You must have a driver on the test day due to the sedation you will be given. You are not to drive for 6-8 hours after the test.

- If you have had a prior diagnosis of:

GERD (gastric esophageal reflux disease)

Acid Reflux

Barrett's Esophagus

Dysphagia, if you have food that sticks in your throat or esophagus, or easily choke

*****PLEASE STAY ON YOUR STOMACH MEDICATION**

- If you have abdominal pain or gas, bloat, heartburn and have never been evaluated before, please stop prescription medication such as Prilosec, Prevacid, Nexium, and Aciphex **TEN DAYS PRIOR TO TEST** (You may use Tums, Roloids, Mylanta, or Tagamet)

EVERYONE:

SEVEN days prior to your test you must stop: any aspirin, ibuprofen (Motrin, Advil, Nuprin), iron tables, multi-vitamins with iron, Vitamin E and an herbal called Ginko. You may use Tylenol.

THREE days prior to your test you must stop: Celebrex and Relafen.

EIGHT TO TEN hours prior to your test you are strictly to have nothing to eat or drink. If you do, you should not have the test done because it puts you at risk for complications. You may brush your teeth or rinse your mouth with water, but spit it out. Do not swallow it.

Special Considerations:

Diabetics who take insulin or diabetic pills: Do not take your morning insulin or pills. Take 1/2 of your usual dose of insulin or pills the night **before** your procedure.

If you take COUMADIN (Warfarin): You may need to be off it 3 days prior to the test. This will depend on WHY you are on this blood thinner.

If you have ever had a heart valve replacement or in the last year had a joint replacement or are planning a surgery or just had surgery, we need to know PRIOR to the test.

ANY CANCELLATIONS must be called to us AT LEAST 2 DAYS PRIOR so we can give that appointment to another person. For some, it may be critical to get in for this kind of test. Thank you.

If you have any questions call **262-8597** between 9am-3pm and ask for the Procedure Scheduler.



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PCC232 SP/DUO 12/17/19